

# Emergency First Aid at Work EFAW (annual refresher)



**Course Duration: Short duration**

## **Employers' Duties on First-Aid Training:**

The Health and Safety (first aid) Regulations 1981 require employers to provide suitable first-aid equipment, facilities and personnel so that immediate assistance can be given to employees if they are injured or become ill at work. The regulations state that in order to provide first-aid, a person isn't suitable unless they have undergone;

- The right training and qualifications approved by HSE; and
- Any additional training if required

To decide what course is suitable in order to comply with HSE guidance please visit and complete a first-aid needs assessment. <https://www.hse.gov.uk/firstaid/needs-assessment.htm#what-to-include>

## **Aim and Objectives:**

If a company decide they don't need a first-aider in their workplace (A FAW – First Aid at Work trained person), then the minimum requirement is to appoint someone to take charge of first-aid arrangements. The role of this 'Appointed Person' includes looking after first-aid equipment and facilities and calling the emergency services when required. They can also provide emergency first-aid cover where a first-aider is absent due to unforeseen circumstances (annual leave does not count). Appointed persons do not need first-aid training, though emergency first-aid courses are available and advisable.

Even if you decide first-aiders are unnecessary in your organisation, there is still the possibility of an accident or illness, so you may wish to consider providing qualified first-aiders. Appointed persons are not necessary where there are an adequate number of first-aiders.

## **Course Content:**

To update a candidate that has already completed the emergency first aid at work course and provide any changes in legislation etc.

- The importance of preventing cross-infection
- The need to record incidents and accidents
- Ability to assess the circumstances and situation in order to act safely, promptly and effectively in an emergency
- Administer first aid to a unconscious casualty (including seizure)
- Administer first aid to a choking casualty
- Use of available equipment
- Provide appropriate first aid for minor injuries (inc. small cuts, grazes and bruises, small splinters and minor burns and scalds)
- Administer Cardiopulmonary Resuscitation (CPR)
- Administer first aid to a wounded and bleeding casualty
- Administer first aid to a casualty suffering from shock

## **Price per Person:**

£55.00 per person + VAT

**Pre-Requisites for Candidates:**

Candidates will need to have previously complete the 1-day emergency first aid at work course.

Candidates should be of a calm mental attitude to enable clear thinking.

Literacy and language comprehension are important requirements on all courses.

Any physical impairment or literacy issues should be discussed with LTC Training Services Ltd prior to making a booking so we can best accommodate your needs.

**Training Location Options:**

We offer this course from our Devon and Cornwall (Plymouth, Redruth & Cullompton) training centres as well as giving customers the option to hold training on site at a location of their choice (subject to the proposed venue having a suitable classroom facility and any other necessary facilities required for this course). Please contact us for further details.

**Course Start Time:**

All courses unless agreed otherwise will commence at 8.15am.

**Certification:**

The course does not renew first aid certificates, or extend the validity period of certificates. It is for practice and refreshing skills only.

**Equipment:**

Candidates are not required to bring any special equipment. Writing materials will be provided.

**Lunch and Refreshment Facilities:**

Lunches will not be provided. However, water, tea, coffee, fridge and microwave facilities are available in our canteen for your use free of charge.

Unfortunately we are not able to provide lunches when training is carried out on-site.

**Accommodation and Transport:**

Candidates are required to organise and pay for their own accommodation and transport should it be required. A list of local accommodation can be provided on request.

**Number of Candidates per Course:**

A maximum of 12

**Suggested Follow on and Complementary Courses:**

- First Aid at Work (FAW)

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